

Parentlog Quick Guide

What to record, where to put it,
and how to keep records clear.

A simple guide to help you get the most out of **Parentlog** and keep clear, reliable records for your children.

Everything in one place



Bring parenting records, schedules, expenses and more into one organised app.

Solo use is first-class



Use every feature on your own. Connecting is optional.

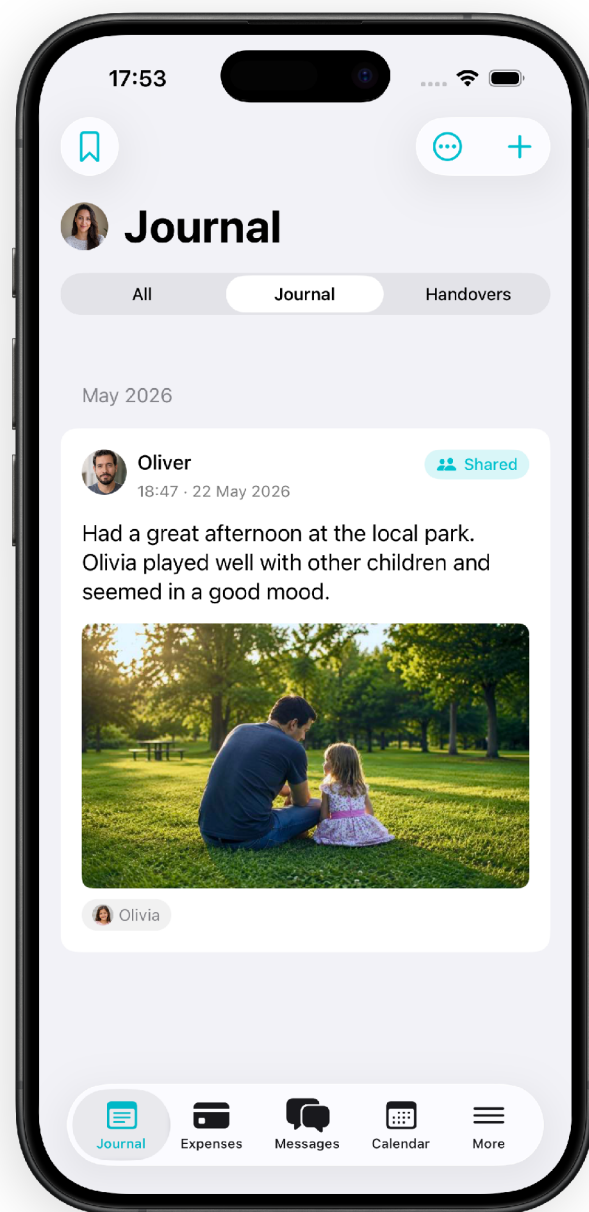
Clear records, when it matters



Built for clarity, consistency and peace of mind.



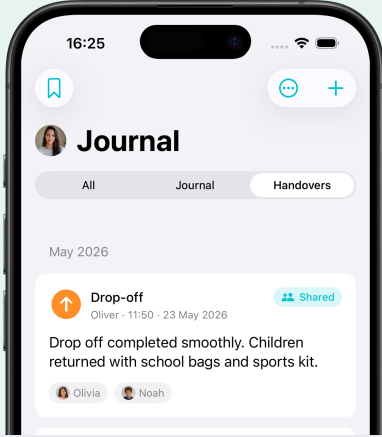
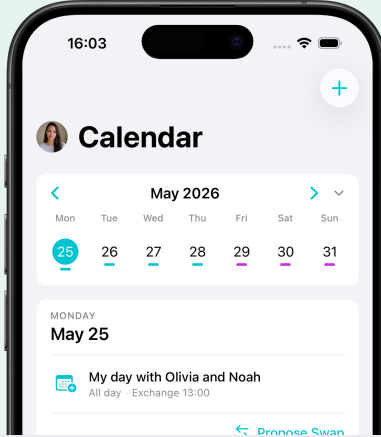
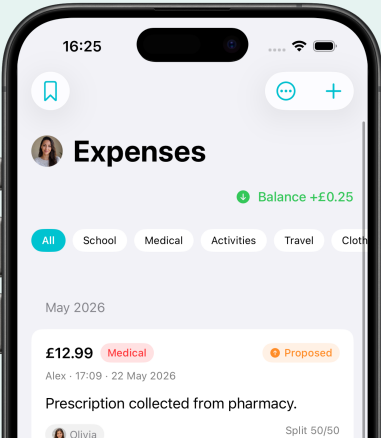
Your records are there for you, **when it matters most.**



Where should I record this?

Choose the right place for the right record.

Each section in Parentlog is designed for a specific purpose. Use this quick guide to decide where something belongs.

 Journal  Notes, incidents and observations about your children and family life.	 Handovers  When children move between parents. Record time, type and notes.	 Calendar  Actual care days and planned care schedules, all in one clear view.
 Expenses  Child-related costs and receipts. Track, submit and settle with ease.	 Info Library  Important information you need to refer back to. Keep it all in one place.	 Paired  Messages, settlements and shared schedules unlock when you connect.

 **Tip:** Start privately. Connect later if useful. Earlier records stay private.

Keep records clear and useful

Good records are simple, factual and consistent.



Record things promptly

The sooner you record it, the clearer and more accurate it will be.



Stick to what happened

Focus on facts, not assumptions about why or motive.



Include useful specifics

Dates, times, people, children and amounts make your records more helpful later.



Add supporting photos or receipts

Use photos or receipts when they genuinely help to tell the full story.



Child-centred always. Clear records help preserve an accurate picture of arrangements around your child.

What details matter?

A few pieces of information help make each record clear and reliable.



Handover

- Time and date
- Pickup or drop-off
- Children involved
- Relevant notes
- Optional location



Expense

- Amount and currency
- Date and category
- Child(ren)
- Receipt photo



Journal

- What happened
- When it happened
- Child(ren) involved
- Supporting photo if relevant



Calendar

- Actual care days
- Planned care schedules
- Changes and swaps



Info Library

- Current, factual information
- Contacts, schools, activities
- Documents and references

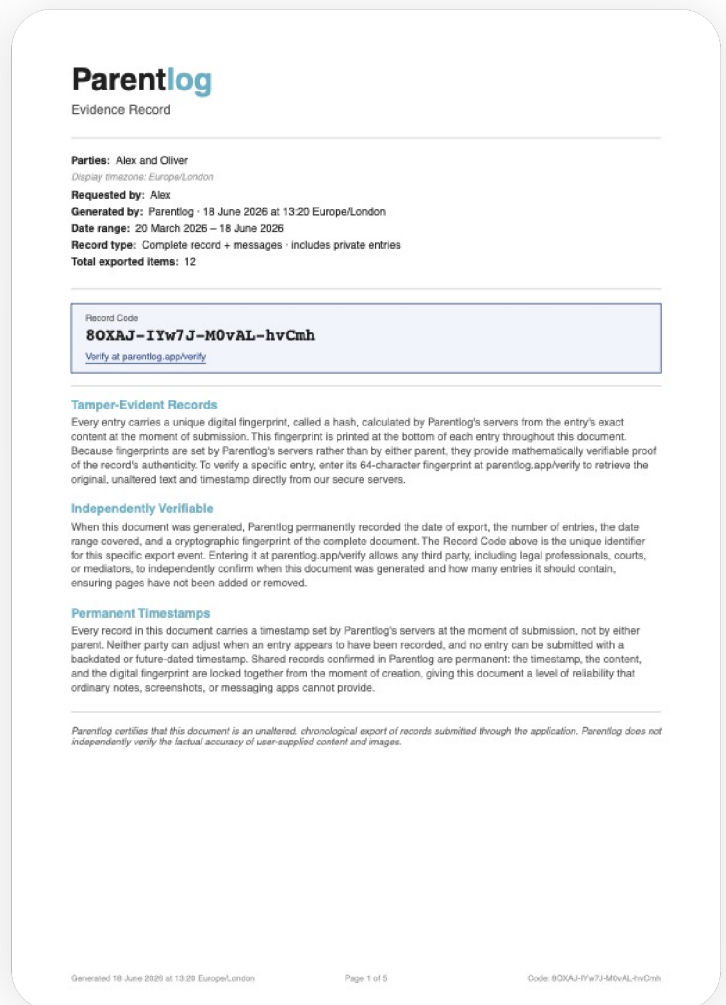
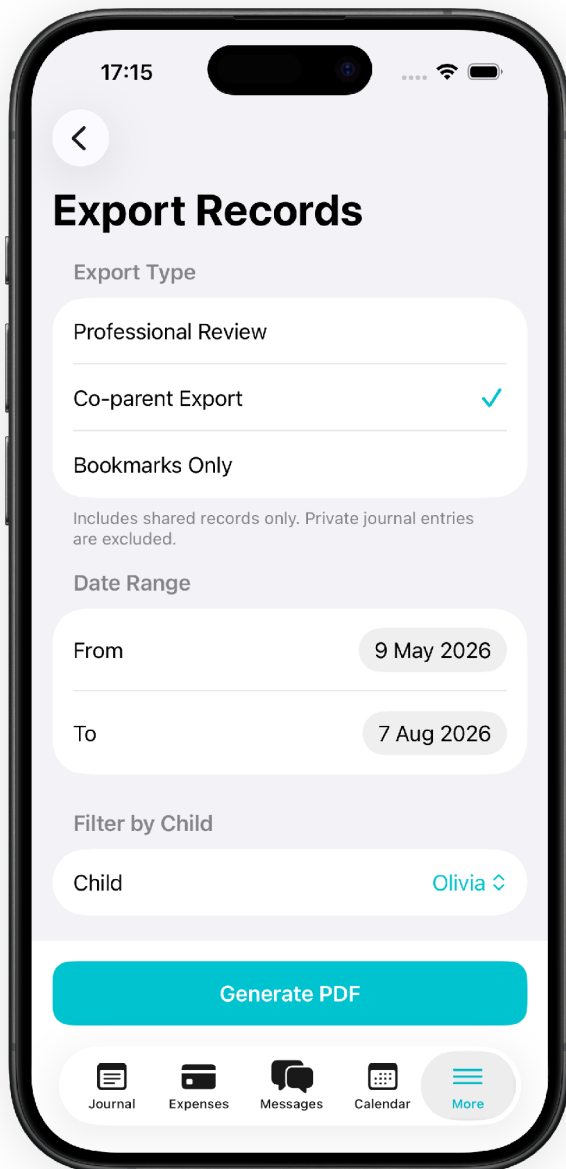


Tip: You don't need to include every detail every time. Add what helps you remember and understand the context.

PDF exports

Share clear, professional exports in seconds.

Parentlog creates tamper-evident PDF exports with dates, timestamps, record hashes and summaries.



Tamper-evident

Includes hashes and secure timestamps.



Professional

Clear, organised and easy to share.



You're in control

Choose what to include and who to share it with.



See a sample export: parentlog.app/sample-export



Privacy, pairing and next steps

Here's what to know.



Start privately

All journal entries are private by default. Use Parentlog entirely on your own.



Connect later if useful

When you connect with a co-parent, shared features unlock for future records.



Earlier private records stay private

Connecting does not share anything created before the connection.

What's next?



Explore all features

See everything Parentlog can do.



Read the blog

Co-parenting advice, guides and insights.



Get support

Questions? We're here to help.

